

Romance of the
Douro River

Lisbon | Porto | Alto Douro Wine Region



**NO SINGLE
SUPPLEMENT**
for Solo
Travelers



SPONSORED BY

ASU Alumni

Arizona State University

September 24 – October 5, 2019

Other dates available upon request



A World Apart

The story of travel involves more than a ticket and a passport. It should weave together discovery, education and humanity, the best elements of any compelling tale. Your personal travel story begins with our commitment to delivering authentic experiences with local people.

The incomparable value of your journey lies in the personalized care you receive from your Travel Director and the knowledge you gain from expert guides and lecturers who call this area home.

By eliminating logistical worries, your multilingual Travel Director allows you to immerse yourself comfortably in your surroundings. This high-caliber professional makes you feel safe and important by creating a convivial, welcoming atmosphere.

The other important characters in this story are the guides and lecturers, whose regional expertise shines in their insider perspective and commentary.

Become intimately engaged in the rhythm of life along the Douro River, where grapevines swirl across terraced hills and visits to picture-perfect towns add a memorable chapter to the rich story of your life.

Above: Monument to the Discoveries, Lisbon | Cover photo: Cruising the Douro River

Inspiring Moments

- ▶ Traverse the rolling hills of the Alto Douro wine region and visit a *quinta* for a **port wine tasting**.
- ▶ Walk in the footsteps of Portuguese aristocracy at **Mateus Palace**.
- ▶ Explore **Porto's** maze of medieval alleys and colorful neighborhoods.
- ▶ Gaze at the world-renowned **University of Coimbra**.
- ▶ Delve into Portuguese history at **Guimarães**, the city considered to be Portugal's birthplace.
- ▶ Appreciate the splendor of **Salamanca**, an elegant Spanish city.
- ▶ Follow the path of great explorers in **Lisbon**.
- ▶ Delight in day sailing along the scenic **Douro River**.



Arizona State University

Dear ASU Alumni and Friends,

Join fellow Sun Devil travelers on a delightful journey to Portugal, featuring a cruise on the Douro River, and prepare to lose yourself in the region's old-world ambience and nostalgic antiquity. Begin with three nights in Lisbon, where explorers launched history-making journeys and centuries-old wooden trams still navigate cobbled lanes. Then discover Porto's alluring spirit and riverside mosaic of scarlet and golden architecture. Continue your adventure with seven nights on a river ship, gliding along the blue ribbon of the Douro River, passing rolling vineyards and storybook, hilltop villages. Along the way, witness charming Vila Real and Lamego, spend a day in the Spanish city of Salamanca, and tempt your palate with tantalizing cuisine, including the region's eponymous sweet port wine.

Enjoy an intimate cruising experience on a small ship built specifically for river travel, and personalize your cruise by joining excursions of your choice on select days. Space is limited, so book your reservations for this ASU Travel & Tours trip today!

Sincerely,

A handwritten signature in cursive script that reads 'Christine K. Wilkinson'.

Christine K. Wilkinson, '66, '76 PhD
President, ASU Alumni Association
Arizona State University Alumni Engagement and Impact Office

800-323-7373

arizst.ahitravel.com





Hieronymites Monastery, Lisbon

Day 1

In Transit

Depart your gateway city for Lisbon, Portugal. ✈

Day 2

Lisbon, Portugal

Upon arrival in Lisbon, transfer ✈ and check in to the Dom Pedro Palace Lisbon.

Tonight, gather with your fellow travelers to kick off your adventure at a Welcome Reception.

Day 3

B


Lisbon

Enrichment: Portuguese Explorers. The Age of Discovery belonged to the explorers who sailed under the Portuguese flag. Join an expert to learn more about these adventurers who brought wealth and glory to their beloved country.

Discovery: Lisbon. Uncover the seafaring history of Portugal at the Hieronymites Monastery.

Built during the dawn of the Age of Discovery, monks at the monastery offered spiritual support to explorers setting out on grand adventures. The Tower of Belém honors da Gama's pivotal journey as the first European to sail from Europe to India, and the nearby Monument to the Discoveries commemorates those who significantly influenced Portuguese exploration.

Free Time: Discover Lisbon at your own pace.


 **ELECTIVE | Fado Dinner.** Savor a delicious dinner of Portuguese cuisine and listen to soul-stirring *fado*, a traditional genre of music with melancholic guitar and vocal arrangements.

Day 4

B

Lisbon

Free Time: Join today's Elective Activity to explore nearby villages or enjoy a day at leisure.

 **ELECTIVE | Sintra, Cascais and Estoril.** Witness Sintra's Romantic style of architecture

YOUR INDIVIDUAL EXPERIENCE

Free time means something different to every traveler. You may like to linger in a cozy café or stay on the go. That's why we design itineraries that allow you to craft an individual travel experience.



PERSONALIZE YOUR CRUISE | PYC | Included

Choose from a variety of excursions in selected ports based on your interests.



ELECTIVES | At an additional cost

Further your experience by immersing yourself in specially designed activities and extensions.

Check out our itinerary for more details. We've done the legwork. Now the choice is yours.



Tram, Porto

and abundance of decorative and whimsical buildings, plus take a guided tour of the National Palace of Sintra. Enjoy lunch at a local restaurant before continuing on a scenic drive, passing Cabo de Roca and pretty Guincho Beach. Stop in the delightful fishing village of Cascais for a guided picturesque walk, and drive through Estoril on your return to Lisbon.

Enrichment: Contemporary Portugal. Learn about modern Portugal, including the events and people that have shaped the Portugal of today.

Day 5 B | L | D

Óbidos | Coimbra | Porto

Check out of the Dom Pedro Palace Lisbon.

Discovery: Óbidos. Visit Óbidos, a romantic medieval village enclosed within ancient walls. Follow narrow alleys bordered with traditional white houses, vivid tiles and potted geraniums. Dine on savory regional cuisine for lunch.

Discovery: Coimbra. Built atop an ancient Roman city, Coimbra is home to enthralling churches, monuments and timeworn cafes. Visit the University of Coimbra, one of Europe's oldest universities. Opened in 1290, the university features the famous Joanina Library, St. Michael's Chapel and a historic ceremonial hall.

After time at leisure in Coimbra, continue to Porto and embark your river ship. Later tonight, join an onboard Welcome Reception and Dinner.

Day 6 B | L | D

Porto

🌟PYC | Choose one of these excursions:

•**Cultural Porto and Port Wine Tasting.**

Explore vibrant Porto. Visit the Palacio da Bolsa, the historic Stock Exchange and the Igreja da São Francisco, the Church of St. Francis. Conclude your outing with a wine tasting.

Above: University of Coimbra
Below: Nossa Senhora dos Remedios, Lamego





Above: Manor Solar de Mateus, Vila Real
Left: Tower of Belém, Lisbon



the Douro. Pass through São Pedro da Afurada, a typical fishing village, where you can witness daily life in motion. Along the way, enjoy a beautiful view of Porto and Ribeira Square. Continue to the renowned port wine cellars of Vila Nova de Gaia and enjoy a tasting at one of the cellars. *(Active)*

Wrap up another day indulging in the peaceful beauty along the Douro River.

Day 8 B | L | D

Vila Real | Barca d'Alva

Discovery: Vila Real. Encounter the Manor Solar de Mateus, an 18th-century baroque palace, on a guided tour. View the impressive rooftop pinnacles, carved wooden ceilings and lavish halls before strolling through the ample gardens, which feature box hedges, flowerbeds and a cedar tunnel. Walk along the cobbled lanes of Vila Real, and sample *Cristas de Galo*, a local pastry shaped like a cockscomb and made with eggs and almonds.

Return to the ship for lunch and unwind while cruising through the Douro Valley. Notice the terraced riverbanks, draped with orderly vineyards growing grapes used in port.

Day 9 B | L | D

Barca d'Alva | Salamanca, Spain

PYC | Choose one of these excursions:

•**Salamanca City Tour.** Explore the historic university town of Salamanca. Visit the ornate cathedral and tour the famous university. Finish your adventure with lunch and free time.

•**Salamanca by Bike.** Bicycle along the Río Tormes and the Old Town with a guide. Visit the cathedral and the university. Then enjoy lunch and free time to discover Salamanca. *(Active)*

•Porto by Tram and Flavors of Porto.

Trams are a popular way to get around Porto. Hop aboard one today and view the city all the way to the mouth of the Douro River. After an insightful visit to the Museu do Carro Elétrico, relax over a tasting of local specialties.

Free Time: Enjoy the afternoon at leisure. If you wish, return to Porto's city center on a complimentary shuttle.

Enrichment: Douro Wine Country. Discuss the wine-making traditions of the Douro region.

Day 7 B | L | D

Porto | Peso da Régua

PYC | Choose one of these excursions:

•**Guimarães, Cradle of Portugal.** During a walking tour, discover the charms of Guimarães, the birthplace of Portugal's first king. Step inside Igreja de Nossa Senhora da Oliveira, and visit the Palace of the Dukes of Bragança, an opulent estate in the city. After, craft your own path of discovery in Guimarães.

•**Douro Walk and Port Wine Tasting.** Take a guided walk along the Atlantic coastline and



Day 10

B | L | D

São João da Pesqueira | Pinhão

Discovery: Porto's Wine Road. Drive through the rolling hills of the Alto Douro wine region. Marvel at stunning vistas at a viewpoint in San Salvador do Mundo. Visit São João da Pesqueira, known as the "fishing ground," for a short walking tour before browsing the village at your leisure. Stop at a *quinta* — an authentic country estate and winery — for a tour of the facilities, a presentation about port wine making and a tasting of the local product. Often characterized as a dessert wine, port is made with indigenous grapes and embodies sweet, rich flavors.

Day 11

B | L | D

Lamego | Porto

Discovery: Lamego. Pretty Lamego is nestled in the heart of the port-producing Douro Valley.

Visit Nossa Senhora dos Remedios, a monumental baroque church overlooking the city. Leading up to the church is a grand granite staircase adorned with *azulejos*, Portugal's iconic blue-and-white tiles.

Spend your final afternoon sailing the Douro Valley as the ship nears Porto.

Tonight, celebrate your exciting river journey at a Farewell Reception and Dinner.

Day 12

B

In Transit

Following breakfast, transfer to the airport for the return flight to your gateway city. ✈

Note: *Itinerary may change due to local conditions.*

Walking is required on many excursions, and surfaces may be uneven or unpaved.

✈ *Transfers and flights included for AHI FlexAir participants.*

B|L|D denotes included breakfasts, lunches and dinners.

ACCOMMODATIONS

Located in the heart of Lisbon's Amoreiras neighborhood, the Dom Pedro Palace places you at the center of the city's best shopping. Dine at Il Gattopardo, featuring Italian dishes, or Bistrot Le Café, which serves regional cuisine. Unwind in the hotel's serene spa offering a sauna, whirlpool and indoor swimming pool, as well as a fitness room. Wi-Fi is complimentary.



DOM PEDRO PALACE LISBON | LISBON



MS Gil Eanes

MS Gil Eanes is a recent addition to CroisiEurope's fleet of fine river ships and represents a new generation of European river cruisers. Built specifically for river cruising, the Gil Eanes is small enough to dock at the doorstep of towns and cities along the Douro River. With just 66 staterooms and suites, the ship also offers an intimate cruising experience and the utmost in service, safety and convenience. Travelers can relax on the Sun Deck and enjoy the passing scenery, or relax in the lounge or library. Expert chefs prepare meals in the exacting tradition of fine gastronomy. There's a full breakfast buffet each morning, and at lunch and dinner, enjoy expertly prepared meals complemented by local wine. Throughout the cruise, all beverages (except Champagne and a select list of premium brands) are complimentary. All cabins are welcoming and provide outside river views and feature individual climate controls, flat-screen satellite T.V. and bathrooms with showers. Wi-Fi is complimentary.

Reserve your Douro River cruise today!

Trip #: 3-24308W

Send to: Romance of the Douro River
Arizona State University Alumni Engagement and Impact Office
c/o AHI Travel
International Tower-Suite 600
8550 W. Bryn Mawr Avenue
Chicago, IL 60631

Please contact AHI Travel at **800-323-7373** with questions regarding this trip or to make a reservation.

Full Legal Name (exactly as it appears on passport)

1) _____
Title First Middle Last Date of Birth

Email: _____

2) _____
Title First Middle Last Date of Birth

Email: _____

Street Address: _____

City: _____

State: _____ ZIP: _____

Home: (_____) Cell: (_____)

Sharing with _____ (Form sent separately)

I/we authorize you to make my/our reservations as follows:

Cabin Category Desired: 1st choice _____ 2nd choice _____

Land | Cruise Program and AHI FlexAir

I/we reserve the Land | Cruise Program and request the AHI FlexAir to Lisbon, Portugal, with a return from Porto to depart from:

Departure City

Land | Cruise Program

I/we will make my/our own air arrangements and transfers.

Single Accommodations

I prefer single accommodations (supplement waived, limited availability).

Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by **July 11, 2019** (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover or Amex. Make checks payable to AHI Travel.

Enclosed is a deposit of _____ (\$600 pp required) to reserve _____ place(s).

Accept my check made payable to **AHI Travel**.

Charge my: MasterCard Visa Discover Amex

Card # _____

Expires _____ / _____

(Signature as it appears on credit card)

Please note: Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out herein, including but not limited to the cancellation terms.

ULTIMATE FLEXIBILITY-The AHI Travel Passenger Protection Plan offers an **Any Reason Cancellation** feature. Don't worry! Travel happy!

NOT INCLUDED-Fees for passports and, if applicable, visas; entry/departure fees, personal gratuities; laundry and dry cleaning, excursions, wines, liquors, mineral waters and meals not mentioned in this brochure under included features; travel insurance; airport transfer costs for those not participating in AHI's FlexAir; all items of a strictly personal nature.

MOBILITY AND FITNESS TO TRAVEL-The right is retained to decline to accept or to retain any person as a member of this trip who, in the opinion of AHI Travel is unfit for travel or whose physical or mental condition may constitute a danger to themselves or to others on the trip, subject only to the requirement that the portion of the total amount paid which corresponds to the unused services and accommodations be refunded. Passengers requiring special assistance, including without limitation those who permanently or periodically use a wheelchair, must be accompanied by someone who is fit and able to assist them, and who will be totally responsible for providing all required assistance.

AIR TRANSPORTATION-The price of air transportation offered by AHI Travel is based on Advance Purchase Excursion fares. After tickets are issued, penalties up to 100% of the ticket price may be levied. If connecting flights are requested, special promotional fares may be used, in which case penalties of as much as 100% may be assessed by the airlines if reservations are changed or canceled after ticketing. After departure, if the reservations are changed, you will be charged the higher, all year Economy class fare. **VARIATIONS TO THE GROUP ITINERARY MUST BE REQUESTED NO LATER THAN 60 DAYS PRIOR TO DEPARTURE.** Passengers who choose to make their own airline reservations independently will be wholly responsible for arrival and departure transfers, and any airline fees or penalties incurred as a result of program cancellation and/or change in travel dates, or airline schedule(s).

BAGGAGE-Baggage restrictions vary according to the airline policy and the class of service flown. Details will be provided with your pre-departure information. Baggage allowances are subject to change by the carrier without notice. Excess baggage charges for additional or oversized/overweight pieces are expensive and not included in your trip price; plan your wardrobe accordingly. Transport of baggage and personal effects is at the owner's risk throughout the travel program.

AUTHORITY TO USE IMAGES AND AUDIO RECORDINGS-On occasion, AHI Travel obtains, from its staff, or from trip participants, photographic or video images of passengers and trip activities. By participating in this travel program, you authorize AHI Travel, without providing compensation to you, or obtaining additional approvals from you, to include photographic and video recordings of you, as well as voice recordings included with any videos, in AHI Travel's sales, marketing, advertising, publicity and/or training activities.

RESPONSIBILITY-AHI Travel and the Sponsoring Association do not own or operate any entity which provides goods or services for this program, and act only as agents for the independent suppliers of travel conveyance, transport, accommodations or other services. All such persons or entities are independent contractors. As a result, AHI Travel and the Sponsoring Association are not liable for any negligence or willful act of any such person or entity or any third person. In addition and without limitation, AHI Travel and the Sponsoring Association are not responsible for any delays, delayed departure or arrival, missed carrier connections, loss, death, damage or injury to person or property or accident, mechanical defect, failure or negligence of any nature whatsoever caused in connection with any accommodations, transportation or other services or for any substitution of hotels or of common carrier equipment, with or without notice, or for any additional expenses occasioned thereby. Dates, Program Details and Tour costs, although given in good faith and based on tariffs, exchange rates and other information current at the time of printing, are subject to change at or before the time of departure. No revisions of the printed itinerary or its included features are anticipated; however, the right is reserved to make any changes, with or without notice, that might become necessary, with the mutual understanding that any additional expenses will be paid by the individual passenger. Baggage and personal effects are the sole responsibility of the owners at all times. If the entire program is canceled for any reason, participants shall have no claim other than for a full refund. By forwarding the deposit, the passenger certifies that he/she has no physical, mental or other condition of disability that would create a hazard for himself/herself or other passengers and accepts the terms of this contract set out herein and in more specific pre-departure passenger information. The airlines and other transportation companies concerned are not to be held responsible for any act, omission, or event, during the time passengers are not on board their conveyances. The passage contract in use, when issued, shall constitute the sole contract between the company(ies) and the passenger and/or purchaser of this trip.

CANCELLATION-All cancellations for any reason will be subject to a \$300 per person administrative fee. You may choose, at the time of cancellation, to apply the withheld administrative fee to a future AHI Travel program that will operate in the current calendar year or year following.

Cancellation from 120 days to 76 days prior to departure will result in forfeiture of 15% of the entire cost of the trip per person; 75-30 days, 50% of the trip cost per person; cancellation from 29 days up to the time of departure will result in 100% forfeiture of the entire cost of the trip. **TRIP CANCELLATION INSURANCE IS AVAILABLE. AN APPLICATION WILL BE SENT AFTER YOU RESERVE.** All cancellations must be submitted in writing to AHI Travel. **CANCELLATION OF TRIP OPTIONS**-Purchases of optional excursions, trip extensions and additional hotel nights become fully non-refundable 45 days prior to departure. Air transportation and private transfer purchases are subject only to penalties assessed by the airlines and transfer suppliers.

PROGRAM DATES

Air Program dates:

September 24 – October 5, 2019

Land | Cruise Program dates:

September 25 – October 5, 2019

LAND | CRUISE PROGRAM

Category-Deck	Full Price	Special Savings	Special Price*
E-Main Deck	\$4,045	\$250	\$3,795
D-Middle Deck (Aft)	\$4,545	\$250	\$4,295
C-Middle Deck (Aft)	\$4,745	\$250	\$4,495
B-Upper Deck (Aft)	\$5,145	\$250	\$4,895
A-Upper Deck (Forward)	\$5,345	\$250	\$5,095
S2-Middle Deck (Aft)	\$5,545	\$250	\$5,295
S1-Upper Deck (Aft)	\$5,745	\$250	\$5,495

All cabins offer river views and have bathroom with shower, flat-screen TV, hair dryer, safe and closet.

S1 features a private terrace and French balcony, S2 and A-D have a French balcony and E has a picture window.

*Special Price valid if booked by the date found on the address panel.

VAT, Port Tax and Service is an additional \$395 per person. All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travelers! This offer is limited, capacity-controlled and tends to sell out quickly.

Let us arrange your flights!

✈ **AHI FlexAir** | Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- ▶ **price guarantee** to protect you from fuel surcharge increases after ticket purchase.
- ▶ arrival and departure **transfers** on most flights.
- ▶ **flexibility** to change or cancel your reservations without penalty up to 60 days before departure on most flights.
- ▶ **assistance** in the event of schedule changes or delays.
- ▶ flight insurance worth up to \$250,000, subject to policy terms.

Travel stress-free with AHI FlexAir.



Guimarães

UNESCO

World Heritage

1. Historic Center of Oporto and the Dom Luis I Bridge
2. Historic Center of Guimarães
3. Alto Douro Wine Region
4. University of Coimbra
5. Monastery of the Hieronymites and Tower of Belém
6. Old City of Salamanca



Cathedral, Salamanca

800-323-7373

arizst.ahitravel.com

INCLUDED FEATURES

Accommodations

(with baggage handling)

- **3 nights** in Lisbon, Portugal, at the deluxe Dom Pedro Palace Lisbon.
- **7 nights** aboard the **exclusively chartered**, first-class MS Gil Eanes.

Transfers

- All deluxe motor coach transfers in the Land | Cruise Program and baggage handling.

Extensive Meal Program

- 10 breakfasts, 7 lunches and 7 dinners, including Welcome and Farewell Dinners; plus all drinks on board except Champagne and premium brands.



AHI Travel Expertise

From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.

Before you go:

- ▶ **Travel Consultants** | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- ▶ **Passenger Service Representative** | Once you have reserved your spot, enjoy personalized assistance from this specialist, your one point of contact who will help you with everything from arranging flights to booking elective activities to fulfilling special requests.
- ▶ **Travel Information** | Receive extensive destination information and travel tips compiled by our travel-savvy team to prepare you fully for your journey.

Once you arrive:

On the ground, three layers of top-quality professionals offer their insiders' perspective. From suggesting the best café or pub to sharing a laugh over the stories of the day, our dedicated team takes your adventure to the next level.

- ▶ **Travel Director** | Throughout your journey, you will be in the care of a seasoned AHI travel professional who will manage all the logistics, allowing you to relax and simply soak up the ambience. Resourceful, knowledgeable and attentive, your Travel Director helps to ensure you enjoy an unforgettable travel experience.
- ▶ **Expert Guides** | Who better to show you around than the people who live there? We've specially selected informed and enthusiastic local professional guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ▶ **Lecturers** | Coming from all walks of life, our entertaining local lecturers open your eyes to history and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.

Your One-of-a-Kind Journey

- Expert-led **Enrichment programs** enhance your insight into the region.
- **Discovery excursions** highlight the local culture, heritage and history:
 - Uncover the vibrant capital of Lisbon.
 - Explore Coimbra, witnessing storied sites within the University of Coimbra.
 - Discover the allure of Óbidos.
 - Visit Solar de Mateus, an 18th-century baroque palace in Vila Real.
 - Travel through the Douro Valley, and relish a port wine tasting at a local *quinta*.
 - Uncover the highlights of pretty Lamego.

Choose from a selection of **PYC** | Personalize Your Cruise excursions in these towns:

- **Porto (Day 6)** | Cultural Porto & Port Wine Tasting | Porto by Tram & Flavors of Porto
- **Porto (Day 7)** | Guimarães, Cradle of Portugal | Douro Walk & Port Wine Tasting
- **Barca d'Alva** | Salamanca City Tour | Salamanca by Bike
- Free time to pursue your own interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.



ASU Alumni

Arizona State University

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Tempe, AZ 85281

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Fado musician



Porto

Discover the splendor of Lisbon, Porto and Douro wine country!

Please call or refer to our website for the most current program information, discounts and pricing.

AHI Travel's mission is to deliver inspirational educational and cultural travel programs that delight travelers.

With AHI you can rely on:

- Experienced Travel Directors who attend to every detail of your journey.
- An exceptional travel value.
- Unique access to local sites.
- Flexibility and customization.
- Safety and security.



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