

**BOOK
WORRY-FREE**

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up to 90 days prior
to departure

See our website
for details

Norwegian Fjords & Midnight Sun



**SMALL
GROUP**

Maximum of
24 Travelers

OSLO | BERGEN | TROMSØ

Sponsored By

ASU Alumni

Arizona State University

July 9-19, 2023

Hosted by Dr. Christine K. Wilkinson

Other dates available upon request



A World of Discovery



Like a little bit of heaven on earth, Norway's sublime landscapes of lush, emerald fjords and snowcapped mountains will take your breath away! Get set for an exciting adventure in one of the world's most beautiful countries as you delight in first-class stays in dynamic Oslo, beguiling Bergen and far northern Tromsø. You'll cruise along an awe-inspiring fjord, revel in breathtaking panoramas aboard mountain railways and experience the midnight sun. Come away with a deeper appreciation for why Norway also ranks as one of the world's happiest countries as you explore its history, traditions and connection to nature!

Inspiring Moments

- ▶ Marvel at the spectacular, glacier-carved **Aurlandsfjord** on a cruise.
- ▶ Discover wild grandeur and local traditions **above the Arctic circle in Tromsø**.
- ▶ Savor northern Norway's **midnight sun**, an endlessly golden summer sky.
- ▶ Explore fascinating facets of Norwegian culture in **cosmopolitan Oslo**.
- ▶ Admire Norway's resplendent beauty on picturesque journeys aboard the **Flåm and Bergen Railways**.
- ▶ Enjoy **Bergen's enchanting ambience** as you meander along cobblestone lanes.
- ▶ Learn about time-honored customs of the **Sami people** and meet members of the community.
- ▶ Play with **adorable husky puppies** at an arctic dogsledding kennel.
- ▶ Take in the colorful charm of Bergen's old wharf, a **UNESCO World Heritage site**.

Above: Stegastein Viewpoint, Aurlandsfjord

Cover: Cruising Aurlandsfjord | Mail panel: Bryggen, Bergen | Sami man

ASU Alumni

Arizona State University

Dear ASU Alumni and Friends,

Join me and fellow Sun Devil travelers and discover the best of Norway on this marvelous adventure brimming with historic gems and astounding beauty! Your explorations begin in the buzzing capital city of Oslo, where you'll examine aspects of Norwegian culture on engaging excursions. Then, journey through stirring scenery on the Bergen Railway to Bergen, an inviting, compact city which boasts a fascinating medieval past.

Thrill next to Norway's storybook landscapes of dazzling fjords and dramatic mountains aboard the Flåm Railway and on a scenic cruise. Then it's off to Tromsø in upper Norway to discover what life is like north of the Arctic Circle, from golden skies that linger into the night to untamed natural grandeur!

This exciting exploration features insightful lectures, a professional Travel Director and expert guides, plus an included flight from Bergen to Tromsø. Relish ample free time for personal discovery and the camaraderie that only comes with small-group travel.

Space is limited, so book your reservations for this ASU Travel & Tours trip today! For further information, please visit our website: alumni.asu.edu/travel. You can also contact ASU Travel & Tours at 480-965-4034 or email asutrans@asu.edu.

Sincerely,



Christine K. Wilkinson '66, '76 PhD
President and CEO, ASU Alumni Association
Arizona State University Alumni Association

P.S. Your friends and family are welcome to join you on our tours, even if they're not ASU alumni!

800-323-7373

arizst.ahitravel.com



Breathtaking fjord



MUNCH Museum (left), Oslo

Day 1 | In Transit

Depart for Oslo, Norway. 🌐

Day 2 | Oslo, Norway

Transfer 🔄 to the Radisson Blu Scandinavia Hotel, Oslo. Later tonight, attend a Welcome Reception and get acquainted with your fellow travelers.

Day 3 | Oslo

Enrichment: Contemporary Norway.

Discovery: Oslo Overview & Ski Culture. Set off on a scenic drive to admire Oslo's top sites like the 19th-century Royal Palace and vibrant Aker Brygge Wharf, packed with restaurants, shops and people enjoying the waterfront. Continue to leafy Vigeland Park for a guided stroll to see statues by Norway's acclaimed sculptor Gustav Vigeland. After lunch, visit the Holmenkollen Ski Jump, where skiers have

tested their skills since 1892. Check out the latest high-tech jump, soak up sweeping city views and learn about Norway's 4,000-year history of Nordic and downhill skiing at the Ski Museum.

Free Time: Make your own plans for sightseeing and dinner. Your Travel Director can offer ideas.

Day 4 | Oslo

Discovery: Norwegian Art & Seafaring.

Norwegian painter Edvard Munch was one of the most influential figures of the Modernist movement. At the new MUNCH museum, view his celebrated masterpiece, "The Scream," and other works from his prolific, 60-year career. Afterward, delve into the amazing voyages of the great Norwegian explorer Thor Heyerdahl at the Kon-Tiki Museum. Study his famous vessels, the balsawood raft Kon-Tiki and the totora-reed boat Ra II, which he used to cross



Vigeland Park, Oslo



Harbor, Oslo



Central square, Bergen

the Atlantic in 1970. Then it's time to head to the water yourself for a panoramic cruise on Oslofjord!

Free Time: Make time for a pleasant walk along the Harbour Promenade. This extensive waterfront path connects old and new areas of the city and takes you past striking, modern architecture like the sleek Opera House, Deichman Library and more.

Dine tonight at one of Oslo's fine restaurants.

Day 5 | **Bergen**

After breakfast, check out of the hotel and depart for Bergen by train.

Discovery: Bergen Railway. Today's route takes you on Europe's highest altitude railroad, where

splendid vistas unfold. Cross Hardangervidda, a plateau at more than 4,000 feet above sea level. After reaching the highest point, the train edges by lovely fjords, waterfalls and forests.

Arrive this afternoon and check in to the Radisson Blu Royal Hotel, Bergen.

Free Time: The rest of the day is at leisure.

Day 6 | **Bergen**

Enrichment: The Fjords of Norway.

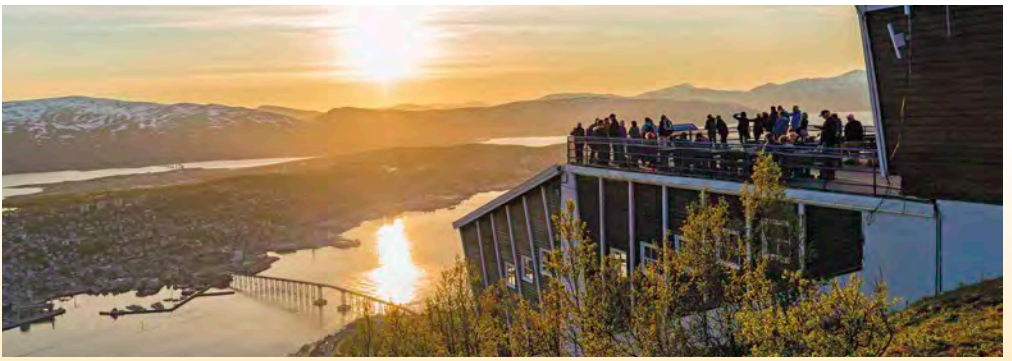
Discovery: Bergen. Nestled by a sheltered harbor and surrounded by seven mountains, Bergen exudes a cozy charm. With your guide, explore the historic wharf, Bryggen, an important trading center for the medieval Hanseatic League.



Kon-Tiki Museum, Oslo



Håkon's Hall, Bergen



Cable car station, Tromsø

The Midnight Sun

This beautiful and intriguing natural phenomenon occurs because of the Earth's tilt and its rotation relative to the sun. As the Earth orbits the sun, the angle of its axis — at 23.5 degrees — means that part of the planet will be closer to the sun. When the Northern Hemisphere is tilted at its maximum toward the sun, it's summertime there. During this season, as the Earth rotates on its axis each day, the Arctic Circle region is so far north that it remains continuously in the sun's light, experiencing consecutive, 24-hour periods of sunlight from mid-May to late July.

UNESCO World Heritage

Bryggen, the medieval Hanseatic League wharf in Bergen

See Rosenkrantz Tower, Håkon's Hall, built by King Håkon in the 13th century, and other gems. Then visit the hilltop summer home of the revered Norwegian composer Edvard Grieg.

Free Time: Enjoy more of Bergen independently. This evening, savor delicious local dishes at a dinner in Bergen with your fellow travelers.

Day 7 | Myrdal | Aurlandsfjord | Voss district

Discovery: The Best of Norway. Relish a journey aboard the Flåm Railway from Myrdal along one of the world's steepest train routes, surrounded by incomparable scenery. Wind by snow-dusted peaks and pass through mountain tunnels on your way to the pristine Aurlandsfjord, a narrow branch of the Sognefjord, Norway's longest fjord. Cruise on this stunning waterway to Gudvangen, and then enjoy the Voss district's idyllic natural beauty on your return to Bergen.

Day 8 | Tromsø

After breakfast, check out of the hotel and fly to Tromsø, Norway's Arctic capital located about 220 miles north of the Arctic Circle.

Enrichment: Life in the Arctic Circle.

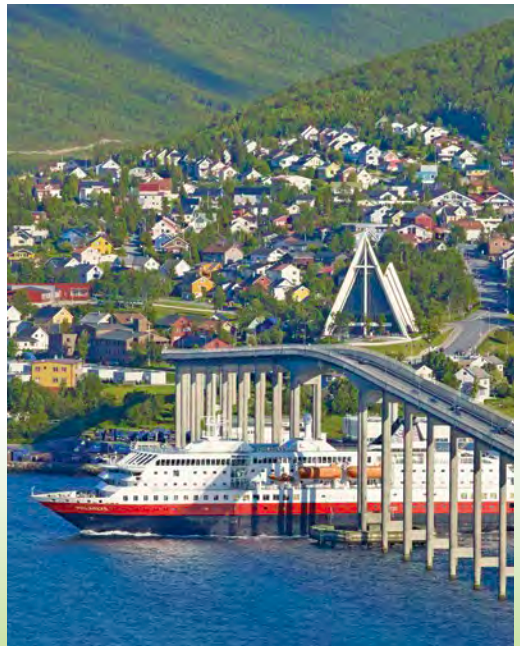
Discovery: Tromsø Overview. During the late spring and early summer, the sun never sets here due to Tromsø's position above the Arctic Circle and the Earth's tilted axis. Witness this unique phenomenon during your stay as land and sea are bathed in a soft, golden-red light all night

long! Tucked within fjords, islands and snow-capped mountains, Tromsø is closely connected to the untouched wilderness that surrounds it. Inhabited since the Ice Age, this area boasts a rich heritage from both the indigenous Sami people and the Norse people. On a guided tour, visit the Arctic Cathedral and ride a cable car up Floyfjellet Mountain for stellar views. Check in to the Radisson Blu Hotel, Tromsø.

Day 9 | Tromsø

Discovery: Nature of Northern Norway.

Find out more about arctic wildlife at Polaria, which features playful seals and an aquarium filled with northern species of fish. Then admire the gorgeous arctic and alpine flora that thrives in this northerly climate at a botanical garden.



Arctic Cathedral and Tromsø Bridge, Tromsø



Flåm Railway

AHI Connects: Sami Culture. Learn about northern Norway's oldest culture at the Arctic University Museum of Norway. View colorful traditional clothing and handicrafts, understand the historic importance of reindeer herding to the Sami people and listen to *jolk*, their folk music based on chanting. During your visit, chat with members of the Sami community. Try fresh, authentic northern specialties at lunch.

AHI Connects: Arctic Dogsledding. Visit a working kennel and gain insights about how the dogs are trained, then enjoy cuddling with these friendly husky puppies!

Day 10 | Tromsø

Discovery: Tromsø Fjord Cruise. Majestic coastal scenery abounds on a five-hour cruise today! While cruising in the bays, straights and fjords around Tromsø, stop at modern fish farms and small villages, and look for marine life in the clear waters of the shallows.

Free Time: Follow your own agenda in Tromsø. This evening, share favorite memories of your Norwegian adventure with your fellow travelers at a Farewell Dinner.



Day 11 | In Transit

Transfer to the airport in Tromsø for the return flight to your gateway city.

Note: Itinerary may change due to local conditions.

Flights and transfers included for AHI FlexAir participants.



Husky puppy

Note About Activity Levels

We have rated the activity levels of our excursions to help you assess this program's physical expectations. Depending on the excursion, more leisurely alternatives may be available. Please call or visit our website for more specific details.

Excursions on this program require:

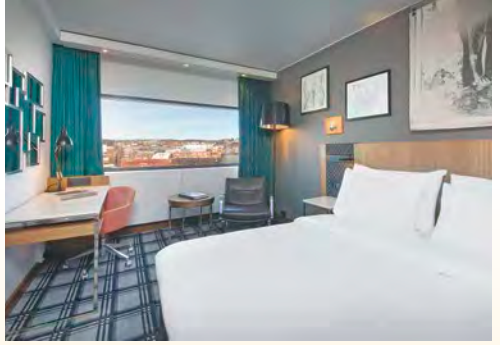
- walking on cobblestones, unpaved paths and/or uneven surfaces
- getting on/off motor coaches, boats and trains

Accommodations

Our travel experts have carefully selected these first-class hotels for their prime locations. Ideally situated for exploring Norway's acclaimed landmarks and natural splendor, they also offer you opportunities to immerse yourself in local life. Of utmost importance is the superior quality of each property's services, amenities and accommodations, allowing you to enjoy your stay fully.



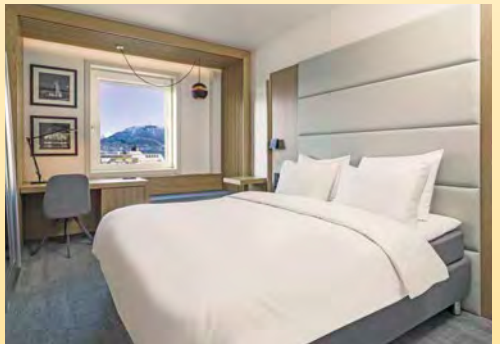
Radisson Blu Scandinavia Hotel | Oslo



Radisson Blu Royal Hotel | Bergen



Radisson Blu Hotel | Tromsø



Norwegian Fjords and Midnight Sun

Trip #:8-28115W

Call our travel experts at 800-323-7373 to reserve your place! (Preferred registration method.)

Please have the information outlined below available to share with our AHI Travel Experts.

If you prefer, you may also complete this Reservation Request and submit it to our office. Once this request is received in our office, an AHI Travel Expert will contact you within one business day to discuss deposit payment. Your reservation is not confirmed until your deposit is paid and processed.

Send to Arizona State University Alumni Association
c/o AHI Travel
International Tower-Suite 600
8550 W. Bryn Mawr Avenue
Chicago, IL 60631

I/we would like to request _____ place(s). Deposit amount is \$600 per person.

Full Legal Name (exactly as it appears on passport)

1) _____
Title First Middle Last Date of Birth

Email Name you would like on your name badge

2) _____
Title First Middle Last Date of Birth

Email Name you would like on your name badge

Street Address _____

City _____ State _____ ZIP _____

Home (_____) Cell (_____) _____

Sharing with _____
Name (Reservation Request sent separately)

Single Accommodations

- I prefer single accommodations at an additional \$945 (limited availability).
- I request assistance in securing a roommate but will accept a single, if one is available at this time, and pay the single supplement. Should a roommate be found, I understand the supplement will no longer apply.

Flights

- Yes, I/we are requesting the round-trip AHI FlexAir to Oslo, Norway, with a return from Tromsø, to depart from:

Departure City

I/we are interested in upgrading my/our international flight to the following:

- First Class Business Class Premium Economy
- No thanks! I/we will book my/our own air travel and transfers.

Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by **April 25, 2023** (75 days prior to departure). Reservations received after this date must be accompanied by payment in full. Final payment may be made by Bank Transfer, MasterCard, Visa, Discover or Amex. If paying by check, please call for details before submitting.

Please note: Program-specific terms and conditions are available at <https://arizst.ahitravel.com/destinations/1755A?schoold=13>. You can also request a copy from our travel experts. Any payment to AHI Travel constitutes your acceptance of the terms and conditions set out therein, including but not limited to the cancellation terms.

Program Dates

Air Program dates: July 9-19, 2023

Land Program dates: July 10-19, 2023

Land Program

Full Price

\$5,245

Special Savings

\$250

Special Price*

\$4,995

*Special Price valid if booked by the date found on the address panel.
VAT is an additional \$495 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional \$945 (limited availability).

Let us arrange your flights

AHI FlexAir

Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- ▶ **Price guarantee** to protect you from fuel surcharge increases after ticket purchase
- ▶ Arrival and departure **transfers** on group dates
- ▶ **Flexibility** to change or cancel your reservations without penalty up to 60 days before departure on most flights
- ▶ **Assistance** in the event of schedule changes or delays

Holmenkollen Ski Jump, Oslo



TRAVEL WITH CONFIDENCE

For more than six decades, our dedicated team has helped travelers explore the world safely and securely.

To offer you added peace of mind, we've fine-tuned all facets of your travel experience:



- **Included AHI Travel Assurance** plan covers travel- and health-related contingencies; available for U.S. residents only
- Increased booking **flexibility** and relaxed cancellation penalties
- Home support staff and ground team communicating 24/7 to ensure a seamless and safe journey
- **Travel Directors** specially trained to the highest standard in accordance with AHI's health and safety protocols
- A global network of partners rigorously following enhanced procedures and protocols
- Rigorous sanitization practices for river ships, hotels, trains and motor coaches
- Tour operations modified for smaller groups
- Hand sanitizer available for guest use

MUNCH Museum, Oslo



800-323-7373

arizst.ahitravel.com



Accommodations (with baggage handling)

- **3 nights** in Oslo, Norway, at the first-class Radisson Blu Scandinavia Hotel, Oslo.
- **3 nights** in Bergen at the first-class Radisson Blu Royal Hotel, Bergen.
- **3 nights** in Tromsø at the first-class Radisson Blu Hotel, Tromsø.

Transfers (with baggage handling)

- All transfers in the Land Program: flight, trains and deluxe motor coaches.

Extensive Meal Program

- 9 breakfasts, 4 lunches and 3 dinners, including a Farewell Dinner with wine; tea or coffee with all meals.
- Opportunities to sample authentic, local cuisine.

Your One-of-a-Kind Journey

- **Small group:** Sized just right at a maximum of 24 travelers.
- **AHI Travel Assurance** plan covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- Expert-led **Enrichment programs** enhance your insight into the region.
- **Discovery excursions** highlight the local culture, heritage and history.
 - Appreciate Norway's love of skiing at Oslo's Holmenkollen Ski Jump and Ski Museum.
 - Take in the Vigeland sculpture park.
 - See Edvard Munch's masterpieces and follow the epic voyages of Thor Heyerdahl.
 - Delight in Bergen Railway's scenic views.
 - Explore Bergen's Hanseatic history and visit composer Edvard Grieg's summer home.
 - Travel on the famous Flåm Railway and cruise through a stunning fjord.
 - Enjoy panoramic vistas over Tromsø during a guided tour.
 - Learn about northern Norway's wildlife.
 - Snuggle with husky puppies at a kennel.
 - Relish northern Norway's rugged beauty on a Tromsø fjord cruise.
- Free time to pursue your individual interests.
- **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.
- **AHI Connects:** Local immersion.
 - A Welcome Reception to mingle with fellow travelers.
 - A personal VOX headset to hear your English-speaking guide clearly.
 - Tipping of guides and drivers.
 - Complimentary travel mementos.

AHI Travel Expertise

From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.

Before you go:

Travel Consultants | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.

Passenger Service Representative | After reserving your spot, enjoy personalized assistance from this specialist, your one point of contact who helps with everything from arranging flights to booking elective activities to fulfilling special requests.

Travel Information | Before your journey, our team closely monitors travel conditions, shares pre-departure details and provides information and enrichment about your destination.

Once you arrive:

On the ground, three layers of top-quality professionals offer their insiders' perspective. Our dedicated team takes your adventure to the next level.

Travel Director | Our multilingual Travel Director manages all the details so that you can simply relax and soak up the ambience. In the care of this seasoned travel professional who is attuned to your personal safety, you'll enjoy a seamless, unforgettable travel experience.

Expert Guides | Who better to show you around than the people who live there? We've specially selected informed, enthusiastic local guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.

Lecturers | Coming from all walks of life, our engaging local lecturers open your eyes to history, culture and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.



Bearded seal

ASU Alumni

Arizona State University

Arizona State University Alumni Association
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800-323-7373
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& Safety Protocols**

See pricing panel for details



Revel in magnificent scenery, cultural treasures and life above the Arctic Circle!

Please call or refer to our website for the most current program information, discounts and pricing.

AHI Travel's mission is to deliver inspirational educational and cultural programs that delight travelers.

With AHI you can rely on:

- Experienced Travel Directors who attend to every detail of your journey.
- An exceptional travel value.
- Unique access to local sites.
- Flexibility and customization.
- Safety and security.



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